

## Caring for your board

## Timber boards need some TLC once in a while.

Clean and oil them regularly and they will give you years of service.

Every time after use give it a wipe with hot soapy water and dry it straight away.

## Twice yearly maintenance or monthly if used regularly.

- Clean the wood; you want the board to be as clean as possible and dry. Hot soapy water is best.
- To remove strong odours (eg. from garlic or onion) scrub with a salted lemon half or white vinegar.
- Using a clean, soft cloth, liberally apply mineral oil (or even better my own blend of board conditioner or board balm). Leave the oil to soak in overnight and buff with a dry cloth.

## **Tips**

- DO NOT SOAK OR PUT IN DISHWASHER
- Store on edge
- Do not expose to heat
- If carving a roast on it give it a quick oil first to prevent the meat juices soaking in

